



Allergy Safety Policy

Hertsmere Jewish Primary School

Allergy Lead: A Waller (DSL)

Reviewed in: September 2026

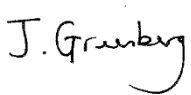
Date of Next Review: September 2027

Policy Review

This policy will be reviewed at least annually by the Governing Body. It will also be reviewed sooner where there are changes to legislation, statutory guidance, local safeguarding arrangements or school practice.

This policy has been prepared with regard to Keeping Children Safe in Education 2026, Working Together to Safeguard Children 2026 and the procedures of the Hertfordshire Safeguarding Children Partnership.

Signature  Headteacher Date September 2026

Signature  Chair of Governors Date September 2026

1. Policy Statement

Hertsmere Jewish Primary School is committed to providing a safe, inclusive and supportive learning environment for all pupils, including those with food allergies and other allergies that may place them at risk of anaphylaxis.

We recognise that allergic reactions can occur rapidly and may be life-threatening. We therefore take all reasonable steps to minimise risk whilst ensuring that children with allergies are able to participate fully in school life.

This policy complies with:

- Benedict's Law (2026)
- Department for Education – Allergy Safety in Schools (2026)
- Keeping Children Safe in Education
- Supporting Pupils with Medical Conditions
- Equality Act 2010
- Children and Families Act 2014
- Health and Safety at Work etc. Act 1974

2. Aims

The aims of this policy are to:

- safeguard pupils with allergies
- reduce the risk of allergic reactions
- ensure staff understand their responsibilities
- provide effective emergency procedures
- promote inclusion
- ensure compliance with statutory guidance.

3. Roles and Responsibilities

Governing Body

The Governing Body will ensure:

- appropriate allergy management arrangements are in place
- this policy is reviewed annually
- sufficient staff receive appropriate training
- appropriate resources are available
- regular monitoring of allergy management.

Headteacher

The Headteacher will ensure:

- this policy is implemented
- staff receive annual training
- Individual Healthcare Plans are maintained
- suitable emergency medication is available
- incidents are investigated and reviewed.

Allergy Lead

The Allergy Lead will:

- maintain the allergy register
- oversee Healthcare Plans
- monitor expiry dates of medication
- arrange staff training
- liaise with parents and healthcare professionals
- review incidents and near misses.

Staff

All staff will:

- know which pupils have severe allergies
- understand allergy symptoms
- know where medication is stored
- act immediately during an emergency
- follow Individual Healthcare Plans
- attend annual training.

Parents

Parents are responsible for:

- informing school of allergies
- providing medical evidence
- supplying in-date medication
- providing an Allergy Action Plan
- informing school of changes.

4. Identifying Pupils with Allergies

Parents must notify school immediately if their child has:

- food allergies
- insect sting allergies
- medication allergies
- latex allergy
- any allergy requiring emergency treatment.

An Individual Healthcare Plan (IHP) will be developed before the child attends school.

5. Individual Healthcare Plans

Each pupil at risk of anaphylaxis will have an Individual Healthcare Plan which includes:

- allergy details
- signs and symptoms
- medication
- emergency procedures
- parental contacts
- healthcare professional advice.

Plans will be reviewed:

- annually
- after any allergic reaction
- whenever medical advice changes.

6. Adrenaline Auto-Injectors (AAIs)

Pupils prescribed an AAI should have access to it at all times.

HJPS will:

- maintain pupils' prescribed AAIs
- hold spare AAIs (with parental consent)
- check expiry dates each term
- replace expired medication promptly.

Medication will be stored:

- securely
- clearly labelled
- easily accessible
- known to all staff.

Spare adrenaline auto-injectors will only be used in accordance with current Department for Education guidance and will not replace the expectation that pupils have access to their own prescribed medication.

7. Preventing Allergic Reactions

The school will:

- identify pupils with allergies
- share information with relevant staff
- assess risks for curriculum activities

- consider allergies during educational visits
- minimise exposure to known allergens
- encourage good hand washing
- clean eating surfaces thoroughly
- ensure safe food practices.

No food will be described as "nut free."

Instead, the school will adopt a risk-aware approach based upon individual Healthcare Plans.

8. Classroom Practice

Staff will:

- check ingredients where appropriate
- avoid unnecessary food rewards
- risk assess cooking activities
- consider allergies during science investigations
- supervise children eating.

9. Educational Visits

Risk assessments will include:

- allergy information
- medication arrangements
- trained staff
- emergency procedures
- hospital locations where appropriate.

AAIs must accompany pupils on every visit.

10. Before and After School Clubs

The same standards apply during:

- Breakfast Club
- After School Club
- Sports clubs
- Educational visits
- External providers using school premises.

External providers will be expected to comply with this policy.

11. Recognising Anaphylaxis

Symptoms may include:

- difficulty breathing
- wheezing
- swelling of lips, tongue or throat
- persistent cough
- difficulty speaking
- collapse
- dizziness
- pale, floppy or unconscious child.

Symptoms may develop rapidly.

12. Emergency Procedures

If anaphylaxis is suspected:

Step 1

Administer the child's adrenaline auto-injector immediately. Do not delay.

Step 2

Call 999.

State: "Child suffering anaphylaxis. Adrenaline has been administered."

Step 3

Send another adult to collect:

- spare AAI
- Healthcare Plan.

Step 4

Monitor the child continuously. If symptoms persist after five minutes and another AAI is available: Administer a second AAI.

Step 5

Inform parents as soon as practicable.

Step 6

Record the incident.

Review procedures.

Replace any medication used.

13. Staff Training

All staff will receive annual training covering:

- allergy awareness
- recognising anaphylaxis
- use of AAls
- Individual Healthcare Plans
- emergency procedures
- practical demonstrations.

New staff will receive training during induction.

14. Record Keeping

The school will maintain:

- Allergy Register
- Individual Healthcare Plans
- Staff training records (on SCR)
- Medication expiry records
- Incident reports (on CPOMS)
- Near miss reports (on CPOMS)

Records will be stored securely.

15. Communication

Relevant information will be shared with:

- teachers
- teaching assistants
- admin staff
- catering staff
- supply staff where appropriate.

Confidentiality will be maintained.